



RETURN TO WORK – MEDICAL RELEASE

Section I:

EMPLOYEE NAME: _____ SSN#: _____

Description of Injury: _____

PLEASE CHECK ONE OF THE FOLLOWING

Employee may return to work:

- A. _____ Without restrictions on _____ (Date)
- B. _____ Less than full schedule, from the time period _____ to _____ (Indicate specific dates or span of time)
 Number of hours per day _____, Release Date to Return Full Schedule: _____
- C. _____ With these restrictions (list below), from the time period _____ to _____ (indicate specific dates or span of time)
 with Full Medical Release Effective: _____

RESTRICTIONS

If the employee’s ability to perform any of the following activities is limited by his/her condition, please describe the extent of the limitation and the expected duration.

Restriction	Limitation	Expected Duration
Standing		
Walking		
Sitting		
Kneeling		
Crawling		
Climbing		
Lifting/Carrying/Weight Limitation		
Reaching/working overhead		
Pushing/Pulling		
Driving		
Keyboard use/Repetitive hand motion		

List any other restrictions or limitations not listed above (i.e. including any medication side effect implications):

Is there assistance that would enable employee to return to work? ___No ___ Yes. If yes, please explain:

Section II: SIGNATURE OF HEALTH CARE PROVIDER

SIGNATURE OF HEALTH CARE PROVIDER: _____ DATE: _____

NAME OF HEALTH CARE PROVIDER (please print): _____

OFFICE PHONE # _____ OFFICE FAX # _____